

Story of Our Nervous System

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## STORMS

#### (challenges)

- "I don't have enough"
- stress
- loss

### **LEAVES**

• important people in my life

# **BRANCHES**

- strengths
- dreams
- wishes
- what I want my future to look



- strength
- interests
- passions
- my identity

### **FRUIT**

- gifts I give
- gifts given to me

